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# Physical characteristics of lanthanide complexes that act as magnetization transfer (MT) contrast agents

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### Abstract

Rapid water exchange is normally considered a prerequisite for efficient  $Gd^{3+}$ -based MRI contrast agents. Yet recent measures of exchange rates in some  $Gd^{3+}$  complexes have shown that water exchange can become limiting when such complexes are attached to larger macromolecular structures. A new class of lanthanide complexes that display unusually slow water exchange (bound water lifetimes ( $\tau_{M}^{298}$ ) > 10 µs) has recently been reported. This apparent disadvantage may be taken advantage of by switching the metal ion from gadolinium(III) to a lanthanide that shifts the bound water resonance substantially away from bulk water. Given appropriate water exchange kinetics, one can then alter the intensity of the bulk water signal by selective presaturation of this highly shifted,  $Ln^{3+}$ -bound water resonance. This provides the basis of a new method to alter MR image contrast in tissue. We have synthesized a variety of DOTA-tetra(amide) ligands to evaluate as potential magnetization transfer (MT) contrast agents and found that the bound water lifetimes in these complexes are sensitive to both ligand structure (a series of Eu<sup>3+</sup> complexes have  $\tau_{M}^{298}$  values that range from 1 to 1300 µs) and the identity of the paramagnetic  $Ln^{3+}$  cation (from 3 to 800 µs for a single ligand). This demonstrates that it may be possible either to fine-tune the ligand structure or to select proper lanthanide cation to create an optimal MT agent for any clinical imaging field.

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# 1. Introduction

Current MRI contrast agents (CAs) are largely derived from paramagnetic gadolinium complexes that shorten the relaxation time of bulk water protons in tissue by rapid exchange of at least one gadoliniumbound inner sphere water molecule with bulk solvent [1,2]. Recently, Ward et al. [3] demonstrated that image contrast may be altered by applying a frequency selective RF pulse at the resonance frequency of an NH or OH of an intrinsic amino acid, sugar, nucleotide, or other metabolite prior to collection of the imaging data. One advantage of such chemical exchange saturation transfer (CEST) agents over typical paramagnetic relaxation agents is that image contrast may be switched

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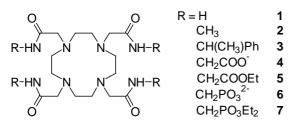
on-and-off at will. However, the amount of CEST agent required to produce significant water contrast may ultimately prove to be unrealistically high [4]. A later report demonstrated that a CEST effect can be detected at considerably lower molecular concentrations by using polymers that contain a large number of amide NH groups [5]. Nevertheless, as the chemical shift of diamagnetic NH or OH protons are typically within 5 ppm of bulk water, it may ultimately prove difficult to avoid off-resonance direct saturation of the bulk water signal or indirect saturation via water tightly bound to tissue macromolecules. The later effect is the basis of magnetization transfer (MT) imaging [6].

Since the first direct observation of a  $Eu^{3+}$ -bound water resonance in the <sup>1</sup>H NMR spectrum of  $Eu(1)^{3+}$  in wet acetonitrile [7], a variety of DOTA-tetra(amide) complexes have been reported that have extremely slow bound water exchange kinetics (see structures 1–7 in

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Scheme 1) [7–14]. The bound water lifetimes  $(\tau_{\rm M}^{298})$ summarized in Table 1 show that this parameter is finetuned from µs to ms by slight modification of the extended pendent arms in these DOTA-like derivatives. In particular, the  $\tau_M^{298}$  values of Eu(5)<sup>3+</sup> and Eu(7)<sup>3+</sup> in wet acetonitrile are ca. 789 and 1300 µs, respectively. This lifetime is long enough to observe a  $Eu^{3+}$ -bound water signal in both the <sup>1</sup>H and <sup>17</sup>O NMR spectra of  $Eu(5)^{3+}$  in aqueous solution at ambient temperatures [13]. The chemical shift of the  $Eu^{3+}$ -bound water signal is ca. 50 ppm in this complex near-room temperature. This feature makes this complex very favorable compared to diamagnetic CEST agents, for avoiding offresonance saturation of the bulk water signal in a MT-type experiment [15]. More recently, the shifted amide NH protons in paramagnetic LnDOTA-tetra (amide) complexes [11,18] have also been used as an alternative and efficient MT antenna. These results have offered a new avenue for development of novel "responsive" CAs for MRI.

More recently, we have demonstrated that  $Ln^{3+}$ bound water lifetimes are quite sensitive to the ionic radii of the central  $Ln^{3+}$  cations in  $Ln(5)^{3+}$  complexes in wet acetonitrile, with  $\tau_{M}^{298}$  values ranging from several µs to ca. 800 µs for a single ligand [16]. Given that the magnitude and direction of the shifted bound water resonance in these complexes can vary over several hundred parts per million, we believe it may now be possible to design an efficient MT CA for use at any field



Scheme 1. Structures of DOTA-tetra (amide) ligands.

strength either by modifying the ligand structure or by selecting the proper lanthanide cation. In this paper, we report further NMR and MRI characteristics of some  $Ln(5)^{3+}$  complexes (where  $Ln^{3+} = Pr^{3+}-Yb^{3+}$ , except for Gd<sup>3+</sup>) as MT CAs.

#### 2. Results and discussion

The extent of observed MT depends upon both chemical exchange and relaxation kinetics [3]:

$$\frac{M_t}{M_0} = \frac{1}{(1 + k_{obs} T_{1sat})} + \left[\frac{k_{obs} T_{1sat}}{(1 + k_{obs} T_{1sat})}\right] \exp\left[-\frac{(1 + k_{obs} T_{1sat})}{T_{1sat}}t\right].$$
 (1)

Here,  $M_t$  and  $M_0$  are the bulk water signal intensity with and without saturation at the exchanging site, respectively;  $k_{obs}$  is the pseudo-first-order exchange rate between bulk water and the exchanging protons; and  $T_{1\text{sat}}$  is the spin-lattice relaxation time of water protons during saturation at the exchangeable site.  $k_{obs}$  equals the concentration ratio of the exchanging site relative to water divided by the lifetime of the exchange site,  $\tau_{M}$ . To observe an MT effect, the system must meet the slow exchange requirement,  $\Delta \omega \tau_{\rm M} \ge 1$ . Thus, one advantage of a paramagnetic complex that displays a large  $\Delta \omega$  is that faster exchange can take place (shorter  $\tau_M$ ) without approaching the fast exchange limit. A <sup>1</sup>H NMR signal of a  $Ln^{3+}$ -bound water can be detected in several  $Ln(5)^{3+}$  complexes (Pr<sup>3+</sup>, Nd<sup>3+</sup>, Sm<sup>3+</sup>, Eu<sup>3+</sup>, Tm<sup>3+</sup> and  $Yb^{3+}$ ) in wet acetonitrile at temperatures ranging from  $-40^{\circ}$ C to  $60^{\circ}$ C [16]. Interestingly, the chemical shift of the bound water resonance was  $\sim$  2-fold larger than the chemical shift of the axial H<sub>4</sub> macrocyclic proton in those complexes where the <sup>1</sup>H NMR signal of the bound water is directly observable. This empirical relationship is useful in estimating the chemical shift of the bound water molecule in those complexes where it is

Table 1
$Eu^{3+}$ -bound water lifetimes ( $\tau_{M}^{298}$ ) of a series of DOTA-tetra(amide) complexes (see structures in Scheme 1) <sup>a</sup>

Complexes	Isomers	$ au_{ m M}^{298}~(\mu s)$	Solvent	Method	Literature
$Eu(1)^{3+}$	М	120	CH <sub>3</sub> CN	<sup>1</sup> H NMR	[7, 8]
	m	2	2		
$Eu(2)^{3+}$	Μ	156	CH <sub>3</sub> CN	<sup>1</sup> H and <sup>17</sup> O NMR	[9]
$Eu(3)^{3+}$	Μ	278	CH <sub>3</sub> CN	<sup>1</sup> H NMR	[10]
Eu(4) <sup>-</sup>	Μ	40	Water, pH 8.1	<sup>1</sup> H NMR	[11]
		300	Water, pH 7	<sup>1</sup> H NMR	[12]
$Eu(5)^{3+}$	Μ	382	Water, pH 7	<sup>1</sup> H and <sup>17</sup> O NMR	[13]
		789	CH <sub>3</sub> CN	<sup>1</sup> H NMR	
Eu( <b>6</b> ) <sup>5-</sup>	Μ	67	Water, pH 7.8	<sup>1</sup> H NMR	Unpublished
$Eu(7)^{3+}$	Μ	1300	CH <sub>3</sub> CN	<sup>1</sup> H NMR	[14]

<sup>a</sup>It is well known that DOTA-like complexes usually coexist as two isomers in solution, the square antiprism (SAP, often called as M (means major)) and the twisted square antiprism (TSAP, m (minor)). Usually, water exchange in the M isomer is slower than in the m isomer [9,19,20].

Complexes	<sup>1</sup> H NMR observation of $Ln^{3+}$ -H <sub>2</sub> O	$ au_{\mathrm{M}}^{298}$ (µs)	$\delta$ (ppm)	$\Delta\omega\tau_{\mathbf{M}}$		
				11.75T	4.7T	1.5T
Pr <sup>3+</sup>	Yes	20	-60	3.8	1.5	0.5
Nd <sup>3+</sup>	Yes	80	-32	8.0	3.2	1.0
Sm <sup>3+</sup>	Yes	320	-4	4.0	1.6	0.5
Eu <sup>3+</sup>	Yes	382	50	60.0	24.0	7.7
Tb <sup>3+</sup>	No	31	-600	58.5	23.4	7.5
Dy <sup>3+</sup>	No	17	-720	38.5	15.4	4.9
Ho <sup>3+</sup>	No	19	-360	21.5	8.6	2.8
Er <sup>3+</sup>	No	9	200	5.7	2.3	0.7
Tm <sup>3+</sup>	Yes	3	500	4.7	1.9	0.6
Yb <sup>3+</sup>	Yes	3	200	1.9	0.5	0.2

<sup>1</sup>H chemical shifts and lifetimes ( $\tau_{\rm M}$ ) of  $Ln^{3+}$ -bound water for  $Ln(5)^{3+}$  complexes and the calculated slow exchange conditions ( $\Delta\omega\tau_{\rm M}$ ) for a variety of magnetic field strengths<sup>a</sup>

<sup>a</sup>(1)  $\tau_{M}^{298}$  of Eu(5)<sup>3+</sup> complex was directly measured for sample in aqueous solution from <sup>1</sup>H NMR linewidth fitting, and others were estimated from the corresponding lifetimes measured in wet acetonitrile, namely,  $\tau_{M}^{298}$  (in water)  $\approx \frac{1}{2}\tau_{M}^{298}$  (in wet acetonitrile) [16]; (2) For those complexes that the bound water was not directly observed, the chemical shift of the  $Ln^{3+}$ -bound water was estimated by doubling of the chemical shift of H<sub>4</sub> proton on the cyclen ring in the complexes,  $\delta(Ln^{3+}-H_2O) \approx 2\delta(H_4)$  [15].

too broad to detect. A resonance characteristic of the  $Ln^{3+}$ -bound water molecule was observed or estimated (using the empirical relationship described above) at chemical shifts ranging from -720 to 500 ppm (relative to the bulk water 0 ppm) at 25°C (Table 2). The bound water lifetimes  $(\tau_{\rm M}^{298})$  in these complexes were also found to vary sharply with the ionic radii of the central lanthanide cation, varying from several  $\mu$ s for both lighter and heavier  $Ln(5)^{3+}$  complexes to 789  $\mu$ s for Eu(5)<sup>3+</sup> [16]. For three  $Ln(5)^{3+}$  complexes, water exchange was observed to be about twice as fast in neat water compared to wet acetonitrile (382 vs. 789 µs for  $Eu(5)^{3+}$  [13], 159 µs [13] vs. 256 µs (unpublished)) for Gd(5)<sup>3+</sup>, and 21 µs [17] vs. 39.2 µs (unpublished) for Dy(5)<sup>3+</sup>). Given the assumption that  $\tau_{M}^{298}$  (water)  $\approx \frac{1}{2}\tau_{M}^{298}$  (acetonitrile) for the entire series of  $Ln(5)^{3+}$  complexes, the  $\tau_{M}^{298}$  values shown in Table 2 are estimated. This in turn allows estimates of  $\Delta \omega \tau_M$  for the entire  $Ln(5)^{3+}$  series (Table 2). This indicates that most  $Ln(5)^{3+}$  complexes ( $Ln^{3+} = Pr^{3+}-Yb^{3+}$ ) meet the slow exchange requirement at 11.75 T while only a few meet this condition at the most common clinical imaging field (only  $Eu^{3+}$ ,  $Tb^{3+}$ ,  $Dy^{3+}$  and  $Ho^{3+}$  meet the  $\Delta \omega \tau_{\rm M} > 1$  requirement at 1.5 T). This illustrates that slower exchange systems may be necessary to produce a significant MT effect at 1.5 T.

The MT efficiency of various complexes may be compared by varying the frequency of the saturation pulse and measuring the residual bulk water signal (plots of such data are referred to as Z-plots, CEST profiles or MT-profiles). Based upon the data of Table 2, we selected  $Pr^{3+}$ ,  $Nd^{3+}$ ,  $Eu^{3+}$  and  $Yb^{3+}$  complexes of 5 as model systems to compare the MT effects at 4.7 T. At this field, the product  $\Delta\omega\tau_M$  is 24, 3.2, 1.5 and 0.5 for  $Eu(5)^{3+}$ ,  $Nd(5)^{3+}$ ,  $Pr(5)^{3+}$  and  $Yb(5)^{3+}$ , respectively. MT profiles for 63 mM solutions of  $Pr(5)^{3+}$ ,  $Nd(5)^{3+}$ ,

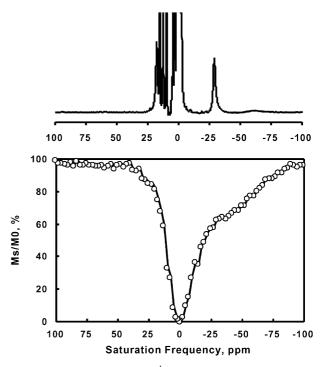


Fig. 1. Five hundred megahertz <sup>1</sup>H NMR spectrum of ~200 mM  $[Pr(5)(H_2O)](triflate)_3$  acetonitrile with 2–4% H<sub>2</sub>O and 25°C (upper; the huge bulk water peak was truncated to make the small bound water peak more visible); and an MT profile of 63 mM  $[Pr(5)(H_2O)](Cl_3 at pH 7 and ~22°C (lower)$ . Each data point was collected by using a saturation power of 16.4db and a duration time of 1 s on the corresponding saturation frequency. These data were obtained using a 4.7 T Brüker Omega imaging system and a  $\phi$  2.5 cm surface coil.

Eu $(5)^{3+}$  or Yb $(5)^{3+}$  are shown in Figs. 1, 2, 3 and 4, respectively. Eu $(5)^{3+}$  appears to be most favorable MT agent at 4.7 T and 25°C as a 57% decrease in bulk water intensity is observed after applying a frequency-selective RF pulse (1 s, 16.4 dB) at 50 ppm [15]. Interestingly, one

Table 2

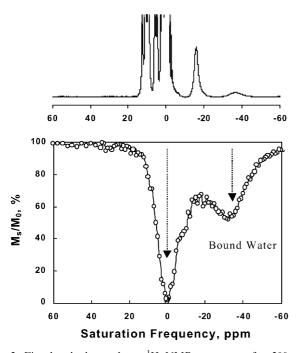


Fig. 2. Five hundred megahertz <sup>1</sup>H NMR spectrum of ~200 mM  $[Nd(5)(H_2O)](triflate)_3$  acetonitrile with 2–4% H<sub>2</sub>O and 25°C (upper); and an MT profile of 63 mM  $[Nd(5)(H_2O)]Cl_3$  at pH 7 and room temperature (lower). The parameters are identical to those indicated in Fig. 1.

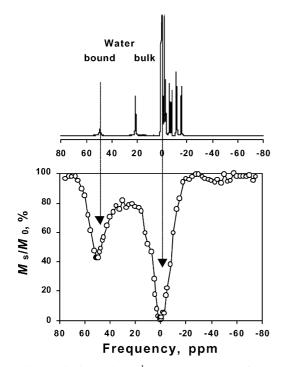


Fig. 3. Five hundred megahertz <sup>1</sup>H NMR spectrum of ~250 mM  $[Eu(5)(H_2O)]Cl_3$  in aqueous solution at pH 7 and 25°C (upper ); and an MT profile of 63 mM  $[Eu(5)(H_2O)]Cl_3$  at pH 7 and room temperature. The parameters are identical to those indicated in Fig. 1.

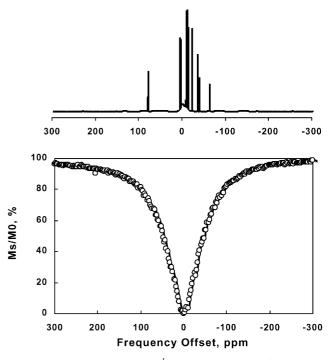


Fig. 4. Five hundred megahertz <sup>1</sup>H NMR spectrum of  $\sim 200 \text{ mM}$  [Yb(5)(H<sub>2</sub>O)](triflate)<sub>3</sub> acetonitrile with 2–4% H<sub>2</sub>O and 25°C (upper); and an MT profile of 63 mM [Yb(5)(H<sub>2</sub>O)]Cl<sub>3</sub> at pH 7 and room temperature. A saturation power of 82 dB was used. All other parameters are identical to those indicated in Fig. 1.

observes a  $\sim 20\%$  decrease in water intensity even when RF irradiation is applied at mid-frequency between the Eu<sup>3+</sup>-bound and bulk water resonances ( $\sim 25$  ppm). This feature is expected for an unequally populated, two-site intermediate exchange system.

The MT profile of  $Nd(5)^{3+}$  (Fig. 2) has features similar to those of  $Eu(5)^{3+}$  except that both water resonances (metal bound and bulk) are broadened considerably. This is consistent with our previous finding [16] that water exchange is faster in  $Nd(5)^{3+}$ than in  $Eu(5)^{3+}$ . Even so, the bulk water signal was reduced by  $\sim 48\%$  upon saturation of the Nd-bound water resonance (1s, 16.4 dB). This indicates that  $Nd(5)^{3+}$  is ~9% less efficient than  $Eu(5)^{3+}$  when both bound water resonances are saturated to the same extent. Interestingly, the bulk water signal is reduced by  $\sim$  35% after applying a saturating RF pulse at a midfrequency position between the Nd<sup>3+</sup>-bound and bulk water signals (-16 ppm),  $\sim 15\%$  greater than seen in the corresponding experiment with  $Eu(5)^{3+}$ . This is consistent with  $Nd(5)^{3+}$  being closer to the intermediate exchange limit than  $Eu(5)^{3+}$ . Even faster water exchange is evident in the MT profile of  $Pr(5)^{3+}$  (Fig. 1) where only a broad shoulder is detected on the lowfrequency side of the bulk water resonance. In comparison to  $Eu(5)^{3+}$  and  $Nd(5)^{3+}$ , a lower but detectable MT effect ( $\sim 40\%$ ) is observed by applying an RF pulse

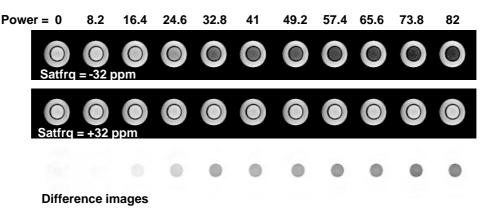


Fig. 5. MT images of a phantom containing  $63 \text{ mM Nd}(5)^{3+}$  at pH 7 and room temperature. The RF irradiation power was varied (0–82 dB) at a fixed a duration time of 2 s.

(1 s, 16.4 dB) at -40 ppm. As in the prior experiments, a saturating pulse applied at an opposite frequency (in this case, +40 ppm) was used as a control. For Yb(5)<sup>3+</sup> (Fig. 4), no MT was evident after a saturating pulse was applied at any frequency (the Yb<sup>3+</sup>-bound water resonance, detected at low temperatures in acetonitrile, is expected at 200 ppm at room temperature). Although ca. 20% of the bulk water signal can be eliminated by applying a 1 s RF pulse at  $\pm 100$  ppm (Fig. 4), this is due to direct saturation of the bulk water resonance and is not an MT effect. In this case, the bulk water signal is broadened more than expected for the weakly paramagnetic Yb<sup>3+</sup> ion because of intermediate-to-rapid exchange with the highly shifted bound water resonance.

Although the MT profiles demonstrate some of the important features of these exchanging systems, it is also important to demonstrate the MT effect in an actual imaging experiment. Fig. 5 illustrates images of two concentric vials, an inner vial containing 63 mM  $[Nd(5)(H_2O)]Cl_3$  and a larger outer vial containing pure water. The images demonstrate that the intensity of the inner vial can be switched "on" or "off" by using frequency-selective RF irradiation of the bound water resonance. Also illustrated is the influence of saturation power on image intensity. Here, a presaturation pulse of 2s was maintained while the saturation power was varied from 0 to 82 dB. The images show that intensity changes in the inner vial could not be detected for power levels  $< 30 \, dB$  and that the water intensity decrease was not altered further above 70 dB. Thus, a saturation power of 40-60 dB appears to yield the optimal MT effect without extraneous off-resonance effects. One can also hold the power constant and vary the saturation time. This is illustrated for a solution containing 63 mM  $[Eu(5)(H_2O)]Cl_3$  in Fig. 6. A fit of these data of to theory (Eq. (1)) gave  $T_{1\text{sat}} = 537 \pm 23 \text{ ms}$  and a Eu<sup>3+</sup>-bound water lifetime  $(\tau_M^{295})$  of  $351 \pm 12 \,\mu s$ . Note that the  $T_{1sat}$ and  $\tau_M$  values obtained from such curve fittings are usually shorter than the actual values because the bound water cannot be completely saturated due to partial

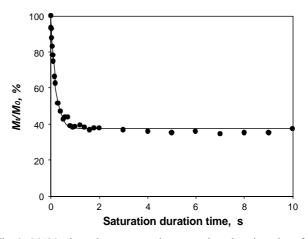


Fig. 6.  $M_t/M_0$  dependence upon the saturation duration time for 63 mM Eu(5)<sup>3+</sup> at pH 7 and room temperature. An RF irradiation with a power of 16.4 dB was applied at the Eu<sup>3+</sup>-bound water position (49 ppm). The solid line represents the best fit to Eq. (1) with a bound water lifetime ( $\tau_{\rm M}^{295}$ ) of 351±12 µs and a bulk water relaxation time ( $T_{\rm 1sat}$ ) of 537±23 ms.

relaxation. Experimentally, we found that the measured  $T_{1\text{sat}}$  and  $\tau_{M}$  values depend upon the saturation power.

## 3. Conclusions

We have demonstrated that paramagnetic lanthanide complexes of the DOTA-tetra(amide) ligand 5 act as efficient MT CAs [15]. Based upon the predicted chemical shift of each metal-ion-bound water molecule and available water exchange data, one can easily predict that nearly all  $Ln(5)^{3+}$  complexes should work as MT agents at high magnetic field (11.75 T) while a more limited set of complexes are applicable at magnetic fields commonly used in clinical MRI scanners (1.5 T). Four complexes were more fully characterized at 4.7 T their MT efficiencies,  $Eu(5)^{3+}$ (57%), and Nd(5)<sup>3+</sup>(48%), Pr(5)<sup>3+</sup> (40%) and Yb(5)<sup>3+</sup> (~0%), decreased as predicted the values of  $\Delta \omega \tau_M$  for these complexes. This is consistent with a prior observation [18] that values of  $\Delta\omega\tau_{\rm M}$  near 15 are optimal for MT efficiency. These data further demonstrate that a much richer variety of lanthanide complexes might be potentially used as MT agents if their exchange sites are limited to the slow exchange condition ( $\Delta\omega\tau_{\rm M} \ge 1$ ). The complexes with variable bound water lifetimes provide an opportunity to select proper MT candidates at variable field strengths where the  $\Delta\omega\tau_{\rm M}$  value might be as close as possible to the optimal value of 15 to achieve optimal MT efficiency.

## 4. Experimental

Synthesis of ligand 5 and  $[Ln(5)(H_2O)]X_3$  complexes had been reported previously [13], where X anions are Cl<sup>-</sup> or triflate<sup>-</sup>, respectively.

High-resolution <sup>1</sup>H, <sup>13</sup>C and <sup>17</sup>O NMR spectra were recorded on a Varian Inova-500 spectrometer, at observing frequency of 500, 125 and 67.7 MHz, respectively. NMR samples were allowed to stand in the probe for at least 10 min at each temperature before data acquisition. The temperature was constant to within  $0.5^{\circ}$ C.

MT profiles and <sup>1</sup>H  $T_1$ -weighted spin–echo images were collected using a Brüker 4.7 T Omega imaging system. The decoupler channel was used to presaturate the bound water signal. A 2.5 cm surface coil was used as receiver in all imaging experiments. Typical imaging parameters included a 1–2 s presaturation pulse with a power level of 0–82 dB (the maximum saturation power could be as high as 82 dB for this imaging system), a TE of 18 ms and a TR of 500 ms.

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